



**Gulf Coast Running Club** 



SATURDAY, NOVEMBER 16, 2019 Lameuse Street & Highway 90 • City Hall - Biloxi SPONSORED BY THE CITY OF BILOXI

THE CITY OF BILOXI

Invites You to the

**36TH ANNUAL** 

**MAYOR'S CUP 5K RUN** 

## **GENERAL INFORMATION**

\$17.00 for GCRC Members by November 11

\$18.00 for Non-Members by November 11

\$10.00 for all children (age 12 & under) in the 1 mile Health/Run Walk

Late Registration: November 16, \$20.00. Race starts in front of the Biloxi City Hall on Lameuse Street. Registration will begin at least 1 hour before race time.

## **STARTING TIME**

1 Mile - 9:00 A.M. (see adult prize money) 5-K – 9:30 A.M.

## REGISTRATION

Both courses are now USATF Certified and eligible for state age records. 1 MILE - MS 11032 MS 5K - MS 11006 MS

### AWARDS

#### **T-SHIRTS TO ALL ENTRANTS**

Awards go to the First Overall Male and Female, First Overall Masters Male and Female, & First Overall Grand Masters Male and Female, Seniors, and to the top three (3) in the following age groups:

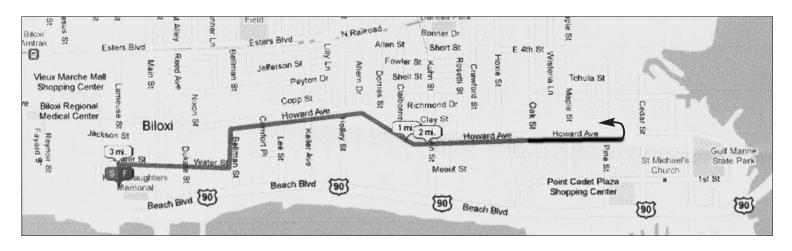
MALE: 12 & Under, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and Over. FEMALE: 12 & Under, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and Over.

-Awards for first three Male & Female Racewalkers 1 Mile - Top 3 Male & Female (10-12) & (9-under) -Adult Prize Money (1 Mile) - 1st - \$75.00, 2nd - \$50.00, 3rd - \$25.00 for Male & Female

### FOR MORE INFORMATION CONTACT:

WWW.GULFCOASTRUNNINGCLUB.ORG LEONARD VERGUNST 228-380-7037 SHERRY BELL 228-388-7170 cbell@biloxi.ms.us www.biloxi.ms.us/pr/

# COURSE MAP



### 2019



9 MAYOR'S CUP RUN/WALK REGISTRATION				
CHECK ONE 5-K Run 1 Mile 5-K Racewalker Wheelch www.raceroster.com	air	T-SHIRT SIZES ❑ Small □ Mediur ❑ Large □ X-Larg ❑ Child Medium	m <b>Gulf Coast Running Club</b> e P.O. Drawer 3569	
Name		Date of Birth		
Address	Telephone			
CityS	tate Zi	oSex	Age on Race Day	
email				
I know that running a road race is a potenti properly trained. I agree to abide by any de all risks associated with running in this eve the weather, including heat and/or humi- appreciated by me. Having read this waive myself and anyone entitled to act on my be representatives and successors from all cl permission to all of the foregoing to use a	ecision of a race off ant including, but no dity, traffic and th ar and knowing thes half, waive and rele aims or liabilities o	icial relative to my ability t limited to: falls, contact e conditions of the road facts and in considerat tase the Gulf Coast Runni f any kind arising out of r	to safely complete the run. I assume with other participants, the effects of d, all such risks being known and ion of your accepting my entry, I, for ing Club, Inc., and all sponsors, their my participating in this event. I grant	

any legitimate purpose.