

May 29, 2019 • 9 a.m.-1 p.m.

# Senior Health, Wellness & Fitness Expo 2019

Donal M. Snyder Sr. Community Center • 2520 Pass Road, Biloxi  
Free admission • Open to ages 50 and older



Information booths



Free health screenings\*



Demonstrations



Door prizes



Healthy morning snacks



\*Fasting necessary for some tests.

Sponsored by: City of Biloxi and The Links, Incorporated Gulf Coast (MS) Chapter

For more information contact the City of Biloxi Parks & Recreation Department  
at 228-388-7170 or email [seniors@biloxi.ms.us](mailto:seniors@biloxi.ms.us).



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