



Top of the Hill

NEWS & INFORMATION FOR SENIOR CITIZENS OF THE CITY OF BILOXI

Parks & Recreation Department • July 2004 • Volume 4, Issue 7

July 13th, 10 a.m.
Snyder Center

Understanding Long-Term Care... and Your Options

*presented by Cliff Randall
of Edward Jones and
Pat O'Shea from GE
Long-Term Care*

The potluck luncheon
will follow at the Snyder
Community Center and
we will have bingo after
the luncheon.

What's Inside...

- Movies & Popcorn
- Christmas Boxes
Project
- Potluck Luncheons
- July Classes &
Special Happenings
- July Calendar
- More!



*Special thank you to
all the seniors who
volunteered their time
to make the Senior
Health & Fitness Fair
so successful!!
Thank you, Tammy*

Super Senior's Summer Art Program

65+ CLAY PROGRAM

The George Ohr Museum of Art has offered to conduct a summertime pottery class for the 65+ age group. This program will take place in the studio at the museum. The senior group (12) will meet three times in July on the following dates: July 6th, 13th & 20th (Tuesdays). They will be charged \$4.00 per person, per class for instruction in clay. This covers materials and firing of their projects. You must call to enroll for this program at the Snyder Center, 436-5191. Remember space is limited.

July 6 Introduction to clay and tools and the coil process

Participants will be able to construct a coil bowl soup using instruction from the teacher who will model the process. This will link to the exhibit *Feast Your Eyes* that is in the Lila Wallace Gallery that they will tour.

July 13 Introduction to slab project

Participants will be able to make a cup using the slab process. Participants will receive instruction and modeling from the instructor in the process of making a cup using the slab process.

July 20 Introduction to glazing

Participants will be instructed how to glaze a bisque clay product. Participants will glaze their completed clay work. Products will be fired at the museum.

Note: All work will be bisque and glazed fired at the museum. It will all be returned to Ms. Tammy Howell at the Snyder Center for her to distribute to the participants.

Useable Creative Art Classes with Angela

July 19th, 21st, & 22nd & 23rd, 10 a.m. to 12 noon at the Biloxi Community Center on Howard Ave. (corner of Bellman Street). Angela will offer an introduction to the world of useable art. She will challenge her students to think outside the box and discover all the art forms that surround us in our daily life. You will be working with many different types of materials and art forms to create art that is functional as well as beautiful.



Movie & Popcorn!

Snyder Center,
Thursdays, 2 p.m.

July Movies...

July 1st:

Family Man

July 8th:

Welcome to Mooseport

July 15th:

50 First Dates

July 22nd:

From Here To Eternity

July 29th:

The Bridge on the River Kwai

All movies are rated PG-13 or PG. However, there may be some obscenities.

Newsletter Volunteers Needed:

Monday, July 26th at 10 a.m. at the Snyder Center. Volunteers needed to help fold, label & tape the **Top of the Hill** Newsletter.

Thank you again to those who come to help each month, it has been a "God Send" for me.

Supplies Needed:

Cigar boxes and Magnolia Center Buds (when it is small not fully developed)

Tammy Howell

City of Biloxi Senior Programs
2520 Pass Road
Biloxi, MS 39531
(228) 436-5197
thowell@biloxi.ms.us

The Over 80 Breakfast Club

Friday, July 16th at 8:30 a.m. at the Snyder Center

We'll be serving breakfast to our young folks (must be over 80). Each "over 80" senior may bring one guest of any age. The program is sponsored by the City of Biloxi Recreation Dept. Call Tammy at 436-5191 to reserve your spot.

- *If you know someone "80+" who would enjoy coming to the breakfast, please bring them even if you are not 80 years old. You are invited to come and help cook or serve as well*

Potluck Luncheons

- July 7th, 11 a.m. - Biloxi Community Center

- July 13th, 10 a.m. - Snyder Center

Understanding Long-Term Care... and Your Options

presented by Cliff Randall of Edward Jones and Pat O'Shea from GE Long-Term Care

The potluck luncheon will follow at the Snyder Community Center.

Each person (including guest) is asked to bring either a side dish or a dessert.

We will have bingo after the luncheons!



Christmas Boxes Project

July's project is small stuffed animals (they must be able to fit in a shoe box). Please bring your donations to the Snyder Center.

July Classes & Special Happenings

- **Stretch & Strengthen Class:** The classes are every Monday, Wednesday, & Friday at 2:30 p.m. at Snyder Center. The class is PACE Certified by the American Arthritis Foundation. This class promotes joint flexibility, endurance, muscle strengthening, coordination and increased range of motion. Class is free to adults. No class July 5th.
- **Super Seniors Summer Art Program, 65+ Clay Program:** Ohr-O'Keefe Museum of Art - July 6th, July 13th & July 20th.
- **Colored Pencil Class:** Classes are on hold until August.
- **Origami Class with Lillian:** Snyder Center - Thursday, July 15 at 10 a.m.
- **Advanced Quilling Class:** Snyder Center - Monday, July 12th at 10 a.m. This is a continuation of June's beginning class. You need to have participated in June's class to attend this session.
- **Scrapbooking & Lace Work:** Snyder Center - Wednesday, July 28th at 10 a.m.
- **Usable Art with Angela:** Snyder Center - July 19th, 21st, 22nd & 23rd at 10 a.m. Please pre-register for all classes. Please call Tammy for further details at 436-5191.
- **Crafts Anyone:** Biloxi Community Center - July 14th at 10 a.m.
- **Bridge Group:** Meets every Thursday at 1 p.m. at Snyder Center. Dates are July 1st, July 8th, July 15th, July 22nd and July 29th. **They're always looking for new players.**
- **Bonco:** Biloxi Community Center - July 12th at 10 a.m. Snyder Center - July 27th at 10 a.m. **It is an easy game to learn as you play!**
- **Swinging Starlets Dance Group:** Practices on Tuesdays & Thursdays at 4:30 p.m. at the Snyder Center. They perform throughout the community at Nursing Homes, Senior Programs & Community Programs.

Please call 436-5191 to sign up for each class.



July 2004

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> • DSCC - Donal Snyder, Sr. Community Center Located on 2520 Pass Road. • BCC - Biloxi Community Center Located on the corner of Howard Avenue and Bellman Street. • OHG - The O'Hanlon Gym Located on Pine Street behind Grand Casino Biloxi's parking garage. <p>All classes and programs are subject to change and changes will be posted at the City of Biloxi's Community Centers. Prior notice will be given if possible.</p>			1 Bridge Group 1 p.m.-DSCC Movie & Popcorn 2 p.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	2 Stretch & Strengthen 2:30 p.m.-DSCC	3
4  Independence Day	5 ★Closed★	6 Super Seniors Ohr Pottery Class 10 a.m. Ohr Museum Swinging Starlets practice, 4:30 p.m. DSCC	7 Potluck Luncheon 11 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	8 Bridge Group 1 p.m.-DSCC Movie & Popcorn 2 p.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	9 Stretch & Strengthen 2:30 p.m.-DSCC	10
11 Advanced Quilling Class 10 a.m.-DSCC Bonco 10 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	12 Super Seniors Ohr Pottery Class 10 a.m. Ohr Museum Long-Term Care & Potluck Luncheon 10 a.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	13 Crafts Anyone 10 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	14 Origami Class 10 a.m.-DSCC Bridge Group 1 p.m.-DSCC Movie & Popcorn 2 p.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	15 Over 80s Breakfast Club 8:30 a.m.-DSCC Stretch & Strengthen 2:30 p.m.-DSCC	16	17
18 Useable Art with Angela 10 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	19 Super Seniors Ohr Pottery Class 10 a.m. Ohr Museum Swinging Starlets practice, 4:30 p.m. DSCC	20 Useable Art with Angela 10 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	21 Useable Art with Angela 10 a.m.-BCC Bridge Group 1 p.m.-DSCC Movie & Popcorn 2 p.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	22 Useable Art with Angela 10 a.m.-BCC Stretch & Strengthen 2:30 p.m.-DSCC	23	24
25 Stretch & Strengthen 2:30 p.m.-DSCC Newsletter Volunteers Needed: 10 a.m.-DSCC	26 Bonco 10 a.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	27 Scrapbooking & Lace Work 10 a.m.-DSCC Stretch & Strengthen 2:30 p.m.-DSCC	28 Bridge Group 1 p.m.-DSCC Movie & Popcorn 2 p.m.-DSCC Swinging Starlets practice, 4:30 p.m. DSCC	29 Stretch & Strengthen 2:30 p.m.-DSCC	30	31

Recreation Office:

435-6168

**Donal Snyder Sr.
Community Center:**

436-5191

**Biloxi
Community Center:**

435-6221

Director of Parks & Recreation:

Nathan Sullivan

Recreation Superintendent:

Sherry Bell

Therapeutic Recreation Specialist:

Tammy Howell



**Mayor A.J. Holloway
and the
Biloxi City Council**

George Lawrence

Eric Dickey

Jim Compton

Charles T. Harrison Jr.

Mike Fitzpatrick

Tom Wall

David Fayard



Recipe of the Month

Beet Salad

- 15 oz. can Sliced Beets
- 1 small can of Crushed Pineapple
- 1 box of Sugar-Free Raspberry Jello
- 1 cup hot water

Add 1 cup of hot water to the Jello.

When the Jello cools, add the pineapple and juice & beets and juice to Jello and mix (if the beets are sliced you need to cut in half).

Are you in the loop?

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