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and the Biloxi City Council

George W. Lawrence  
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Dixie Newman  
Robert L. Deming, III  
Dr. Paul Tisdale  
Kenny Glavin  
David Fayard

## Recipe of the Month

### Grandma's Green Bean Casserole

Website [http://allrecipes.com/Recipe/Grandmas-Green-Bean-Casserole/Detail.aspx?soid=recs\\_recipe\\_2](http://allrecipes.com/Recipe/Grandmas-Green-Bean-Casserole/Detail.aspx?soid=recs_recipe_2)

**Ingredients:**  
2 tablespoons butter  
2 tablespoons all-purpose flour  
1 teaspoon salt  
1 teaspoon white sugar  
1/4 cup onion, diced  
1 cup sour cream  
3 (14.5 ounce) cans French style green beans, drained  
2 cups shredded Cheddar cheese  
1/2 cup crumbled buttery round crackers  
1 tablespoon butter, melted  
1/2 teaspoon black pepper  
1/2 teaspoon garlic powder

**Directions:**  
1.) Preheat oven to 350 degrees F (175 degrees C).  
2.) Melt 2 tablespoons of butter in a large skillet over medium heat. Stir in flour until smooth, and cook for one minute. Stir in the salt, sugar, onion, and sour cream. Add green beans, and stir to coat.  
3.) Transfer the mixture to a 2 1/2 quart casserole dish. Spread shredded cheese over the top. In a small bowl, toss together cracker crumbs and remaining butter, and sprinkle over the cheese.  
4.) Bake for 30 minutes in the preheated oven, or until the top is golden and cheese is bubbly.

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# Top of the Hill

NEWS & INFORMATION FOR SENIOR CITIZENS OF THE CITY OF BILOXI

Parks & Recreation Department

[biloxi.ms.us/pr](http://biloxi.ms.us/pr)

January 2014

## January Senior Potluck Luncheon (Bring a dessert)

City will provide spaghetti & meatballs

Wednesday, January 15, 2014 • 11:45 a.m. • Donal Snyder Community Center.

Health Screening will begin at 10:30 a.m. Screening is provided by Biloxi Regional Medical Center, Wanda Shaw, Respiratory Therapy/Neuro Diagnostics, and "Senior Extra".

**As a reminder, the senior luncheon is free to all seniors and the City of Biloxi will provide the main course only for the Potluck luncheon.**

To reserve a seat, please RSVP before January 10, 2014 by calling Amanda Canaan or Angie McBride at The Donal Snyder Community Center, (228) 388-1340.

## Happy New Year!!

From ancient times, people have welcomed the New Year with rituals to attract good fortune. While each culture's New Year celebration has its own flavor, there are certain common themes. The period leading up to New Year's

Day is a time for setting things straight: a good housecleaning, paying off debts, returning borrowed objects, reflection on one's shortcomings, mending quarrels and giving alms. In many cultures, people jump into the sea or a local body of water-literally washing the slate clean. Whatever preparations are made, most traditions teach that they should be completed before midnight, on New Year's Eve. Let's start fresh for 2014.

\*Get a Better Job

\*Get in Shape

\*Lose Weight

\*Travel

\*Quit Smoking

\*Reduce Debt and Save Money

\*Get Organized

\*Find Someone Special

\*Go Back to School

Parks and Recreation Department  
P.O. Box 775  
Biloxi, MS 39533



## Thought for the month:

"Another Fresh New Year is here... Another Year to Live!  
To banish worry, doubt, and fear, To love and Laugh and Give!"

# Happy Birthday to all Seniors in the month of January



Birthstone: Garnet  
Flower: Carnation  
Meaning: Good Health



## January Dates to Celebrate and Remember!

January 1st ----- New Year's Day  
January 20th ----- Great American's Day (Martin Luther King Jr. Birthday) (Observed)  
January 31st ----- Chinese New Year

## January Classes & Happenings

**Bingo:** Monday, January 13, 2014 10 a.m. Donal Snyder Community Center

**Bridge:** Every Tuesday 2 a.m. - 4 p.m. Donal Snyder Community Center

**Bonco:** Monday, January 23, 2014 10 a.m. Donal Snyder Community Center

**Movie & Snack:** Movies Day is every Thursday at 1:30 p.m.

**ALL MOVIES ARE RATED PG-13:** however there may be some obscenities.

## January is National Volunteer Donor Month

January is the perfect time to honor the people who help others through the simple act of giving blood. Since 1970, January has been known as National Blood Donor Month. It's a time when blood organizations, like the American Red Cross, play tribute to nearly 11 million people who give blood each year, and encourage others to start the New Year off right by giving the gift of life. Blood donors bring hope and promise to hospital patients who need blood and play a vital role by helping ensure hospitals have blood for patients. January is a challenging time for blood donation because cold and snowy weather and busy post-holiday schedules can make it difficult for blood donors to keep appointments.

## Upcoming Activities & Events

### \*Reminder to all seniors

In order to attend any senior field trip in 2014 with the City of Biloxi, Parks & Recreation Department, it is mandatory that you update all information at the following centers:

\*L.H. Red Barnett Senior Citizen Center  
10450 Lamey Bridge Road  
D'Iberville, MS. 39540 Phone: (228) 392-9988

\*Donal Snyder Community Center  
2520 Pass Road. Biloxi, MS.  
Phone: (228) 388-1340

Gwen Johnson  
Recreation Specialist  
2520 Pass Road  
Biloxi MS 39531  
(228) 388-2494  
gjohnson@biloxi.ms.us

The City of Biloxi, Parks & Recreation Department offers Senior Citizen programs to all seniors 55 and older at the Donal Snyder Community Center and Dr. Frank G. Gruich Community center. All activities are free to Biloxi Residents; you can view the calendar on the city's web site at [biloxi.ms.us](http://biloxi.ms.us) click on Parks & Recreation, seniors programs. Please contact Gwen Johnson about senior programming at (228) 388-2494/(228) 388-7071 or email: [senior@biloxi.ms.us](mailto:senior@biloxi.ms.us).

# Calendar of Events - January 2014

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			1 No Class - New Year's Day	2 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	3 Stretch & Strengthen Class - 2 p.m. DSCC	4
5	6 Stretch & Strengthen Class - 2 p.m. DSCC	7 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC Bridge - 2 p.m. DSCC	8 Stretch & Strengthen Class - 2 p.m. DSCC	9 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	10 Stretch & Strengthen Class - 2 p.m. DSCC	11
12	13 Stretch & Strengthen Class - 2 p.m. DSCC Bingo: 10 a.m. DSCC	14 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC Bridge - 2 p.m. DSCC	15 Stretch & Strengthen Class - 2 p.m. DSCC Senior Luncheon - 11:45 a.m. DSCC	16 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	17 Stretch & Strengthen Class - 2 p.m. DSCC	18
19	20 No Class/ City Holiday	21 Stretch & Strengthen Class - 10 a.m. FGCC Bridge - 2 p.m. DSCC Tai Chi - 10 a.m. DSCC	22 Stretch & Strengthen Class - 2 p.m. DSCC	23 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC Bonco: 10 a.m. DSCC	24 Stretch & Strengthen Class - 2 p.m. DSCC	25
26	27 Stretch & Strengthen Class - 10 a.m. DSCC	28 Stretch & Strengthen Class - 10 a.m. FGCC Bridge - 2 p.m. DSCC Tai Chi - 10 a.m. DSCC	29 Stretch & Strengthen Class - 2 p.m. DSCC	30 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	31 Stretch & Strengthen Class - 2 p.m. DSCC	

- DSCC - Donal Snyder Sr. Community Center
- FGCC - Dr. Frank G. Gruich Community Center

(Classes that are not labeled either DSCC or FGCC will be held at the regular Donal Snyder location.) All classes & programs are subject to change & changes will be posted at the City of Biloxi's Community Centers. Prior notice will be given if possible.