

Recreation Office:
388-2494

Donal Snyder Sr.
Community Center:
388-1340

Dr. Frank G. Gruich
Community Center:
374-2853

Director
of Parks & Recreation:
Sherry Bell

Recreation Specialist:
Gwen Johnson

Mayor A.J. Holloway
and the Biloxi City Council

George W. Lawrence
Felix O. Gines
Dixie Newman
Robert L. Deming, III
Dr. Paul Tisdale
Kenny Glavin
David Fayard

Recipe of the Month

Blood Orange Margaritas

Website <http://www.delish.com/recipefinder/blood-orange-margaritas-rbk0208>

Ingredients:

- Kosher salt
- Crushed ice
- 1/2 cup(s) fresh blood orange juice
- 2 ounce(s) tequila
- 1 ounce(s) triple sec or Cointreau
- Blood orange wedges (optional), for garnish

Directions:

1. Moisten rim of 2 margarita glasses and dip in kosher salt. Fill a cocktail shaker with crushed ice. Add orange juice, tequila, and triple sec. Shake well and strain into glasses. Garnish with orange wedges, if desired.

Turn your email into Bmail.

Sign up at biloxi.ms.us for the most current news about your city.



Top of the Hill

NEWS & INFORMATION FOR SENIOR CITIZENS OF THE CITY OF BILOXI

Parks & Recreation Department

biloxi.ms.us/pr

October 2013

Senior Luncheon

Wednesday, October 16, 2013 • 11 a.m. – 1 p.m.

Biloxi Town Green • 710 Beach Blvd. • Biloxi, MS

City of Biloxi will provide the main course

All seniors bring a dessert • Entertainment provided

In case of rain, this event will be moved to the Dr. Frank G. Gruich Community Center, 591 Howard Ave.

Health Screening begins at 10:30 a.m. Screening is provided by Biloxi Regional Medical Center, Wanda Shaw, Respiratory Therapy/Neuro Diagnostic, and Senior Extra Organization.

OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH (NBCAM)

The National Breast Cancer Awareness Month (NBCAM) is a collaboration of national public service organizations, professional medical associations, and government agencies working together to promote breast cancer awareness, share information on the disease, and provide greater access to services.

Although October is designated as National Breast Cancer Awareness Month, NBCAM is dedicated to raising awareness and educating individuals about breast cancer throughout the year. We encourage you to regularly visit your doctor to learn more about breast cancer, breast health, and the latest research developments.

QUOTE FOR THE MONTH:

“IF YOU CARRY YOUR CHILDHOOD WITH YOU, YOU NEVER BECOME OLDER.” - TOM STOPPARD

Parks and Recreation Department
P.O. Box 775
Biloxi, MS 39533



Field Trips

Wednesday,
October 8, 2013
Mississippi Armed
Forces Museum
Camp Shelby
Hattiesburg, MS
Admission: \$1.00
(Donation)
Pick up at Donal
Snyder Community
Center
8:15 a.m.
Lunch: T. B. A.

Monday,
October 28, 2013
Biloxi Fire Museum
West End Hose Co.
#3
Admission: \$1.00
(Donation)
Pick up at Dr.
Frank G. Gruich
Community Center
9:30 a.m.
Lunch: T.B.A.

Gwen Johnson
Recreation Specialist
2520 Pass Road
Biloxi MS 39531
(228) 388-2494
gjohnson@biloxi.ms.us

Happy Birthday to all Seniors in the month of October!



Birthstone: Opal
Flower: Calendula



October Dates to Celebrate and Remember!

October 5th..... World Teachers' Day
October 6th - 12th Fire Prevention Week
October 14th Columbus Day
October 16th National Boss Day
October 18th National Mammography Day
October 27th Mother - In - Law Day
October 20th- 26th National Respiratory Care Week
October 31st Halloween

Upcoming Activities & Events

Senior Halloween Bash • Friday, October 25, 2013
Donal Snyder Community Center • 2520 Pass Road • Biloxi, MS
Time: 12 p.m. - 2 p.m.
Music: Local DJ and fun, fun and more fun! Costume Contest
(1st, 2nd and 3rd place)
Please RSVP before Friday, October 18, to Amanda Canaan or Angie McBride at
Donal Snyder Community Center (228) 388-1340

7th Annual Mississippi Gulf Coast Senior Prom Presents: "Cherished Memories"
Thursday, November 14, 2013 • 6 p.m. - 10 p.m.
Hosted by IP Casino Resort and Spa
Ticket price: \$10.00 • Ticket purchase and location listed below:
Donal Snyder Community Center
Wednesday, October 2, 2013 • 9 a.m. - 12p.m.
Friday, October 4, 2013 • 12 p.m. - 2 p.m.
Make checks payable to MGCSP Fund. For any questions, call 896-5683.

Cruisin the Coast
October 6 - 13, 2013 • Cruisin the Coast Biloxi Block Party
Wednesday, October 9, 8 a.m. - 2 p.m. Location: Lameuse Street North of Esters;
Vieux Marche from Reynoir to Main Street. For more information, you may visit
Cruisin the Coast website: <http://cruisinthecoast.com>

A Special thank you to Wanda Shaw, Biloxi Regional Medical Center, Magdalena Holland, RSVP, and the Donal Snyder Community Center staff for a job well done with the Senior Rock and Roll Bash which was held on September 27, 2013 at the Donal Snyder Community Center.

The City of Biloxi, Parks & Recreation Department offers Senior Citizen programs to all seniors 55 and older at the Donal Snyder Community Center and Dr. Frank G. Gruich Community center. All activities are free to Biloxi Residents; you can view the calendar on the city's web site at biloxi.ms.us click on Parks & Recreation, seniors programs. Please contact Gwen Johnson about senior programming at (228) 388-2494/(228) 388-7071 or email: senior@biloxi.ms.us.

Calendar of Events - October 2013

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1 Tai Chi - 10 a.m. DSCC	2 Stretch & Strengthen Class - 2 p.m. DSCC	3 Tai Chi - 10 a.m. DSCC	4 Stretch & Strengthen Class - 2 p.m. DSCC	5
		Stretch & Strengthen Class - 10 a.m. FGCC		Movie & Snack - 1:30 p.m. - DSCC		
6	7 Stretch & Strengthen Class - 2 p.m. DSCC	8 Tai Chi - 10 a.m. DSCC	9 Stretch & Strengthen Class - 2 p.m. DSCC	10 Tai Chi - 10 a.m. DSCC	11 Stretch & Strengthen Class - 2 p.m. DSCC	12
	Bingo - 10 am DSCC	Stretch & Strengthen Class - 10 a.m. FGCC		Movie & Snack - 1:30 p.m. - DSCC		
		Field Trip - MS Armed Forces Museum				
13	14 Stretch & Strengthen Class - 2 p.m. DSCC	15 Tai Chi - 10 a.m. DSCC	16 Stretch & Strengthen Class - 2 p.m. DSCC	17 Tai Chi - 10 a.m. DSCC	18 Stretch & Strengthen Class - 2 p.m. DSCC	19
		Stretch & Strengthen Class - 10 a.m. FGCC	Senior Luncheon - 11 a.m. FGCC	Movie & Snack - 1:30 p.m. - DSCC		
20	21 Stretch & Strengthen Class - 2 p.m. DSCC	22 Tai Chi - 10 a.m. DSCC	23 Stretch & Strengthen Class - 2 p.m. DSCC	24 Tai Chi - 10 a.m. DSCC	25 Stretch & Strengthen Class - 2 p.m. DSCC	26
	Pokeno - 10 a.m. DSCC	Stretch & Strengthen Class - 10 a.m. FGCC		Movie & Snack - 1:30 p.m. - DSCC		
27	28 Stretch & Strengthen Class - 2 p.m. DSCC	29 Tai Chi - 10 a.m. DSCC	30 Stretch & Strengthen Class - 2 p.m. DSCC	31 Tai Chi - 10 a.m. DSCC		
	Field Trip - Biloxi Fire House Museum	Stretch & Strengthen Class - 10 a.m. FGCC		Movie & Snack - 1:30 p.m. - DSCC		

- DSCC - Donal Snyder Sr. Community Center
- FGCC - Dr. Frank G. Gruich Community Center

(Classes that are not labeled either DSCC or FGCC will be held at the regular Donal Snyder location.) All classes & programs are subject to change & changes will be posted at the City of Biloxi's Community Centers. Prior notice will be given if possible.