

Recreation Office:
388-2494

Donal Snyder Sr.
Community Center:
388-1340

Dr. Frank G. Gruich
Community Center:
374-2853

Director
of Parks & Recreation:
Sherry Bell

Recreation Specialist:
Gwen Johnson

Mayor A.J. Holloway
and the Biloxi City Council

George W. Lawrence
Felix O. Gines
Dixie Newman
Robert L. Deming, III
Dr. Paul Tisdale
Kenny Glavin
David Fayard

Recipe of the Month

Lemon Blueberry Muffins

Website <http://www.tasteofhome.com/Recipes/Lemon-Blueberry-Muffins>

Ingredients:

- 2 cups biscuit/baking mix • 1/2 cup plus 2 tablespoons sugar, divided
- 1 egg • 1 cup (8 ounces) sour cream • 1 cup fresh or frozen blueberries
- 2 teaspoons grated lemon peel

Directions:

1. In a large bowl, combine biscuit mix and 1/2 cup sugar. Whisk egg and sour cream; stir into dry ingredients just until moistened. Fold in blueberries.
2. Fill greased or paper-lined muffin cups half full. Combine lemon peel and remaining sugar; sprinkle over batter.
3. Bake at 400° for 20-25 minutes or until a toothpick inserted near the center comes out clean. Cool for 5 minutes before removing from pan to a wire rack. Serve warm. Yield: 1 dozen.

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Top of the Hill

NEWS & INFORMATION FOR SENIOR CITIZENS OF THE CITY OF BILOXI

Parks & Recreation Department

biloxi.ms.us/pr

August 2013

Senior Potluck Luncheon

You must bring vegetable or dessert

(City of Biloxi will provide chicken)

Wednesday, August 21, 11:00 a.m.

Dr. Frank G. Gruich Community Center

To reserve a seat, please RSVP by Friday, August 16 to Amanda Canaan or Angie McBride at (228) 388-1340. (Everyone must RSVP.)

Health Screen: begins at 10:30 a.m. Screening provided by Biloxi Regional Medical Center, Wanda Shaw, Respiratory Therapy/Neuro Diagnostic, and Senior Extra.

Parks and Recreation Department
P.O. Box 775
Biloxi, MS 39533



QUOTE FOR THE MONTH:

"THE GREAT THING IN THE WORLD IS NOT SO MUCH WHERE WE STAND
AS IN WHAT DIRECTION WE ARE MOVING."

OLIVER WENDELL HOLMES



EVERY THURSDAY AT DSCC!
 All movies will start at 1:30 p.m. (All movies are rated PG or PG-13; however there may be some obscenities. (All movies are subject to change.)

**August 1st
 ADMISSION**
 starring Tina Fey and Paul Rudd

**August 8th
 THE HOST**
 starring Saoirse Ronan, William Hurt and Max Irons

**August 15th
 TYLER PERRY'S
 TEMPTATION**
 starring Jurnee Smollett-Bell

**August 22nd
 SNITCH**
 starring Dwayne Johnson and Susan Sarandon

**August 29th
 LOVE AND HONOR**
 starring Austin Stowell and Liam Hemsworth

Gwen Johnson
 Recreation Specialist
 2530 Pass Road
 Biloxi MS 39531
 (228) 388-2494
 gjohnson@biloxi.ms.us

Happy Birthday to all Seniors in the month of August!



Birthstone: Sardonyx/Peridot
 Flower: Poppy or Gladiolus



August Dates to Celebrate and Remember!

August 3rd..... National Watermelon Day
 August 11th Family Day

Field Trips

STARTING IN JULY

ALL PARTICIPANTS MUST PAY A \$5.00 DEPOSIT TO HOLD A SEAT. IF YOU ATTEND, YOU WILL BE REFUNDED YOUR MONEY. NO REFUNDS WILL BE GIVEN IF YOU DO NOT SHOW. WE HAVE HAD TOO MANY CANCELLATIONS AT THE LAST MINUTE AND HAVE BEEN UNABLE TO FILL THE BUS.

ALL SENIORS MUST BE 60 YEARS OF AGE TO ATTEND ANY FIELD TRIP.

AUGUST 7, 2013
 METHODIST SEASHORE HIGHLANDS
 12170 HIGHLAND WAY
 GULFPORT, MS.
 ADMISSION: FREE

LUNCH WILL BE SERVED
 PICK UP AT DONAL SNYDER COMMUNITY CENTER 9:30 A.M.

AUGUST 27, 2013
 SCRANTON MUSEUM
 3928 NATHAN HALE AVE.
 PASCAGOULA, MS.
 ADMISSION: \$1.00

PICK UP WILL BE AT THE DR. FRANK G. GRUICH COMMUNITY CENTER AT 8:45 A.M.
 LUNCH TBA

The City of Biloxi, Parks & Recreation Department offers Senior Citizen programs to all seniors 55 and older at the Donal Snyder Community Center and Dr. Frank G. Gruich Community center. All activities are free to Biloxi Residents; you can view the calendar on the city's web site at biloxi.ms.us click on Parks & Recreation, seniors programs. Please contact Gwen Johnson about senior programming at (228) 388-2494/(228) 388-7071 or email: senior@biloxi.ms.us.

Calendar of Events - August 2013

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
				1 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	2 Class Cancelled (Center is Booked)	3
4	5 Stretch & Strengthen Class - 2 p.m. DSCC	6 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC	7 Stretch & Strengthen Class - 2 p.m. DSCC Field Trip - Methodist Seashore Highlands	8 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	9 Stretch & Strengthen Class - 2 p.m. DSCC	10
11	12 Stretch & Strengthen Class - 2 p.m. DSCC Bingo - 10 am DSCC	13 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC	14 Stretch & Strengthen Class - 2 p.m. DSCC	15 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	16 Stretch & Strengthen Class - 2 p.m. DSCC	17
18	19 Stretch & Strengthen Class - 2 p.m. DSCC	20 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC	21 Stretch & Strengthen Class - 2 p.m. DSCC Senior Luncheon - 11 a.m. FGCC	22 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	23 Stretch & Strengthen Class - 2 p.m. DSCC	24
25	26 Stretch & Strengthen Class - 2 p.m. DSCC Pokeno - 10 a.m. DSCC	27 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC Field Trip - Scranton Museum	28 Stretch & Strengthen Class - 2 p.m. DSCC	29 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m. - DSCC	30 Stretch & Strengthen Class - 2 p.m. DSCC	31

- DSCC - Donal Snyder Sr. Community Center
- FGCC - Dr. Frank G. Gruich Community Center

(Classes that are not labeled either DSCC or FGCC will be held at the regular Donal Snyder location.) All classes & programs are subject to change & changes will be posted at the City of Biloxi's Community Centers. Prior notice will be given if possible.