**Recreation Office:** 388-2494

Donal Snyder Sr. Community Center: 388-1340

Dr. Frank G. Gruich **Community Center:** 

374-2853

Director of Parks & Recreation: Sherry Bell

**Recreation Specialist:** Gwen Johnson



George Lawrence William "Bill" Stallworth Lucy Denton Clark Griffith Arlene Wall Edward "Ed" Gemmill

David Fayard

# Recipe of the Month

## Lemon Mint Seafood Skewers

Website http://www.womansday.com/recipefinder/lemon-mint-seafood-skewers-tabbouleh-121927

- 1 cup(s) uncooked bulgur 1/4 cup(s) lemon juice 1 tablespoon(s) (plus 1 tsp) olive oil • 1 1/2 teaspoon(s) minced garlic • 1/4 teaspoon(s) (plus 1/8 tsp) each salt and pepper
- 12 ounce(s) peeled extra jumbo shrimp 12 ounce(s) large sea scallops
- 1 cup(s) chopped tomatoes 1 kirby cucumber, chopped
- 1/4 cup(s) each chopped parsley and mint and sliced scallions

- 1. Soak bulgur in a large bowl according to package directions.
- 2. About 15 minutes before bulgur will be done, combine 2 Tbsp lemon juice, 1 tsp oil, the garlic and 1/8 tsp each salt and pepper in a ziptop bag. Add shrimp and scallops to bag and marinate 10 minutes. Meanwhile, coat outdoor grill rack with nonstick spray; heat grill. You'll need 8 large metal or wooden skewers.
- 3. Thread shrimp and scallops alternately on skewers. Grill 3 to 4 minutes, turning once until just barely opaque at centers. Remove to serving plate.
- 4. Add remaining 2 Tbsp lemon juice, 1 Tbsp oil and 1/4 tsp each salt and pepper to bulgur. Add remaining ingredients and toss to mix. Serve with skewers.

Turn your email into Bmail.

Sign up at biloxi.ms.us for the most current news about your city.

EE29E SM, ixolid P.O. Box 775 Parks and Recreation Department





# Top of the Hill

NEWS & INFORMATION FOR SENIOR CITIZENS OF THE CITY OF BILOXI

Parks & Recreation Department

biloxi.ms.us/pr

June 2013

## Senior Pot Luck Luncheon & Speaker

(Everyone must bring a covered dish)

Ham & Turkey Pobovs Wednesday, June 19th 11:00a.m. **Donal Snyder Community Center** 2520 Pass Road. Biloxi, Ms.

Guest Speaker:

Officer Wayne Miller, Biloxi Police Department, Community Relations Division To reserve a seat, RSVP before Friday, June 14th, at the Donal Snyder Community Center to Amanda Canaan or Angie McBride

Health Screening will start at 10:30 a.m. Screening is provided by Biloxi Regional Medical Center, Wanda Shaw, Respiratory Therapy/Neuro Diagnostic and Senior Extra

# Happy Father's Day to all the Fathers!!

Father's Day

The first Father's Day was celebrated on the 3rd Sunday in June in many parts of the world. The idea for creating a day for children to honor their fathers began June 19, 1910, in Spokane, WA. In 1916, President Woodrow Wilson approved the idea of observing an annual Father's Day. In 1924, President Calvin Coolidge made Father's Day a notional event. In 1966, President Lyndon Johnson signed a Presidential proclamation declaring the 3rd Sunday of June as Father's Day. Everywhere, people take the opportunity of Father's Day to express gratitude for their fathers and tell them how much they are loved and appreciated. In the U.S., Father's Day is the fifth largest card-sending occasion with over 100 million cards given.

## QUOTE FOR THE MONTH:

My father use to say, that it's never too late to do anything you want to do, and, YOU NEVER KNOW WHAT YOU CAN ACCOMPLISH UNTIL YOU TRY. MICHAEL JORDAN



**EVERY THURDAY AT DSCC!** All movies will start at 1:30 p.m. (All movies are rated PG or PG-13: however there maybe some obscenities. (All movies are subject to change.)

#### June 6th THE GUILT TRIP

starring Barbara Streisand and Seth Rogers

#### June 13th **IAKE REACHER**

starring Tom Cruise and Robert Duvall

#### June 20th **SKYFALL**

starring Daniel Craig and Naomie Harris

#### June 27th THE IMPOSSIBLE

starring Naomi Watts and Ewan McGregor

## June Trivia: ??



- What is the official flower for Father's Dav?
- What is the leading gift a Father receives on Father's Day?
- What are other gifts that Fathers receive on Father's Day?

Answers are on the Calendar.

Gwen Johnson Recreation Specialist 2530 Pass Road Biloxi MS 39531 (228) 388-2494 gjohnson@biloxi.ms.us

## Happy Birthday to all Seniors in the month of June!



Birthstone: Pearl Flower: Rose or Honeysuckle



### June Pates to Celebrate and Remember!

June 1st - November 31st	Atlantic, Caribbean, and Gulf Hurricane Season
June 14th	FLAG DAY
June 16th	Father's Day
June 19th	Juneteenth
	Summer Begins
	Take Your Dog to Work Day

# Field Trips

(You must be able to walk a distant, to attend these field trips) JUNE 6, 2013 **COUNTRY GIRL CREAMERY** 203 SAMMY JO ROAD LUMBERTON, MS. **ADMISSION: FREE** DEPARTURE TIME: 7:45A.M. DONAL SNYDER COMMUNITY CENTER

LUNCHTBA (THIS IS A WALKING TRIP; YOU MUST BE ABLE TO WALK A DISTANT.)

JUNE 26, 2013 NATIONAL NAVAL AVIATION MUSEUM PENSACOLA, FLORIDA **ADMISSION: FREE** DEPARTURE TIME: 7:15A.M. (BRING A MORNING SNACK) PICK UP AT DR. FRANK G. GRUICH COMMUNITY CENTER

LUNCH AT LAMBERT'S: (PRICES RANGE FROM \$8.99 - \$12.99)

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The City of Biloxi, Parks & Recreation Department offers Senior Citizen programs to all seniors 55 and older at the Donal Snyder Community Center and Dr. Frank G. Gruich Community center. All activities are free to Biloxi Residents; you can view the calendar on the city's web site at biloxi.ms.us click on Parks & Recreation, seniors programs. Please contact Gwen Johnson about senior programming at (228) 388-2494/(228) 388-7071 or email: senior@biloxi.ms.us.

# Calendar of Events - June 2013

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<ul> <li>TRIVIA ANSWERS</li> <li>Red Rose is worn on the lapel if your father is living.</li> <li>Necktie.</li> <li>Fishing Rods, Golf Clubs.</li> <li>(Classes that are not labeled either DSCC or FGCC will be held at the regular Donal Snyder location.) All classes &amp; programs are subject to change &amp; changes will be posted at the City of Biloxi's Community Centers. Prior notice will be given if possible.</li> </ul>					1	
2	3 Stretch & Strengthen Class - 2 p.m. DSCC	4 Tai Chi – 10 a.m. DSCC Stretch & Strengthen Class – 10 a.m. FGCC	5 Stretch & Strengthen Class - 2 p.m. DSCC	Tai Chi - 10 a.m. DSCC  Movie & Snack - 1:30 p.m DSCC	7 Stretch & Strengthen Class – 2 p.m. DSCC	8
9	Stretch & Strengthen Class - 2 p.m. DSCC Bingo - 10 am DSCC	Tai Chi - 10 a.m. DSCC  Stretch & Strengthen Class - 10 a.m. FGCC	Stretch & Strengthen Class - 2 p.m. DSCC	Tai Chi - 10 a.m. DSCC  Movie & Snack - 1:30 p.m DSCC	14 Stretch & Strengthen Class – 2 p.m. DSCC	15
16	17 Stretch & Strengthen Class - 2 p.m. DSCC	Tai Chi – 10 a.m. DSCC  Stretch & Strengthen Class – 10 a.m. FGCC	Stretch & Strengthen Class - 2 p.m. DSCC Senior Luncheon - 11 a.m. DSCC	20 Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m DSCC	21 Stretch & Strengthen Class - 2 p.m. DSCC	22
23	24 Stretch & Strengthen Class - 2 p.m. DSCC  Pokeno - 10 a.m. DSCC	25 Tai Chi - 10 a.m. DSCC Stretch & Strengthen Class - 10 a.m. FGCC	26 Stretch & Strengthen Class - 2 p.m. DSCC	Tai Chi - 10 a.m. DSCC Movie & Snack - 1:30 p.m DSCC	28 Stretch & Strengthen Class - 2 p.m. DSCC	29
30						